

# Legal notice

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## **Content Disclaimer**

The information on this website is provided for general fitness, wellness and health purposes only. It is not intended as medical advice, and it is recommended to consult a healthcare professional before starting any new exercise program.

## **Liability Disclaimer**

Healthmob Fitness is not responsible for any injury or health issues that may arise from using the training plans available on this site. Use the content at your own risk.

## **Privacy policy**

We collect personal information for the purpose of providing services and improving the user experience. We do not share your data with third parties, except as required for payment processing.

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## **Governing law**

These terms and conditions are governed by the laws of Germany/Cologne. Any disputes will be resolved in the courts of Cologne Higher Regional Courts.

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We reserve the right to suspend or terminate access to the site for users who violate the terms of use.