Terms and conditions

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By accessing or using the site, you agree to comply with and be bound by these Terms. If you do not agree to these Terms, you may not use this site.

1. Acceptance of Terms

By accessing or using the site, you agree to be bound by these Terms and all applicable laws and regulations. If you do not agree with these Terms, please do not use this site.

2. Changes to Terms

We reserve the right to modify these Terms at any time. Any changes will be posted on this page with an updated revision date. You should review this page periodically to stay informed of any changes.

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Availability: We reserve the right to discontinue or modify products or services at any time.

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Health Disclaimer: We are not responsible for any injuries or health issues that result from using our content or products. It is recommended to consult a healthcare professional before starting any new exercise program.

Guaranteed of Results: Healthmob Fitness does not guarantee any specific fitness outcomes or results from following the training plans. Individual results may vary based on factors such as effort, health and consistency.

Assumptions of Risk: You use the site and any fitness plans at your own risk. You are responsible for ensuring that any exercise or physical activity is appropriate for your health and fitness level.

9. Termination of Access

Healthmob Fitness reserves the right to suspend or terminate your access to the site at any time, with or without notice, for violation of these terms of use or for any other reason.

Governing Law and Dispute Resolution

These Terms are governed by and construed in accordance with the law, without regard to its conflict of law principles.

11. Force Majeure

We are not liable for any failure or delay in performance under these Terms due to causes beyond our reasonable control, including but not limited to natural disasters, strikes, pandemics, or acts of government.

12. Indemnification

You agree to indemnify, defend, and hold harmless Healthmob Fitness, its affiliates, officers, directors, and employees from any claims, losses, damages, or liabilities, including reasonable legal fees, arising out of your use of the site or violation of these Terms.

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If you submit content to the site, such as reviews or feedback, you grant us a non-exclusive, royalty-free license to use, reproduce, and display this content in connection with the site and our business. Any user-generated content must not violate any laws, infringe on intellectual property rights, or contain harmful or offensive material.

14. Miscellaneous

These Terms, together with any other policies mentioned herein, constitute the entire agreement between you and Healthmob Fitness regarding the use of this site and supersede any prior agreements or understandings.

Contact Information

Healthmob Fitness

healthmob7@gmail.com